



THE ENERGY OF CHRISTMAS

AND HOW TO TAKE CARE OF IT.





During Christmas, we look forward to a warm family atmosphere full of love and solemn presence.

In reality, however, it is sometimes different.

So how do you take care of the energy side of holidays, so as to minimize conflicts, stress and fatigue?

★First of all, remember to clean the house before Christmas, not only by taking out the garbage but also by removing all the lingering, unpleasant energy.

★ During the summer and spring, the flow of energy in your home is balanced by the frequent airing of rooms. ★

★ In winter the temperature drops, so we do not open the windows as often. ★

★ This, in turn, makes it so that all the heavy energy starts to gather up in the corners of the rooms and start to affect everyone in the household negatively. ★

It is best to remove them by incense. ★



Don't have incense? No worries!
After all, It's Christmas Time!

To pump up the energy to the ambiance full of anticipation it is best to use spices such as cinnamon, cloves and ginger.

We put a pinch of cinnamon, ginger and clove crushed up onto an old cookie sheet for baking, then carefully light them up, so as not to cause any danger.

When they start to gently smolder, giving off an aromatic smoke, we walk around every room in the house, carefully smudging every corner.

With this stale energy, thickened and saturated with negative vibrations, will move out and will be replaced by energy that's clean and full of joy and hope.



If you have an artificial Christmas tree made of plastic, be sure that after removing it from storage it is thoroughly cleaned, thus depriving it of not only dust but also old, stale energy.

For a cleanse like this, you can use ordinary soap, but during the end stage when the Christmas tree is drying out, you should spray it with an elixir that you prepared yourself, harmonizing the energy in the air.



THE RECIPE FOR THE ELIXIR OF THE CHRISTMAS TREE



- ❄ 3 cloves
- ❄ a teaspoon of lemon juice or lime
- ❄ a few drops of essential pine oil



The ingredients are mixed in a glass of water, then the prepared liquid is poured into the atomizer.

We spray it not only on the tree but also in places that seem dirty to us, even though it has already been cleaned up several times.

If you have cleaned your house, but it still seems like it's dirty, you are feeling overwhelmed and don't want to do anything, not even celebrate, this may be a sign that there is an energy in the house that's much heavier than average.

So if there is anyone who may be wishing you negative things, it is worth it to take care of cutting off the flow of this energy.



IN THE CASE OF A JEALOUS NEIGHBOR, THE MATTER IS SIMPLE:★



Put any shiny red object in your window with the intention to distract any negative looks that you may be getting.

Above the door, you can hang a knife (a decorative one) made of steel. It will cut anything that is not welcome and block the way of uninvited guests.

*For those who have already benefited from all the different ways of removing bad energy, scattered away the heavy energies, took care of the environment and cut themselves off from any energy pests, but still feel that something is wrong with their home and the atmosphere in their family is not good, the remaining step is to begin a **stronger cleansing** of any harmful vibrations, curses, and charms.*

*We recommend instructions to do so from this ebook:
[The Secrets of Cleansing Your House of Evil Energies.](#)*

WE WISH YOU A MERRY CHRISTMAS
AND HAPPY NEW YEAR!



Agnes Orzechowska

Sosno Witcher

